

Happy Birthday BABA!

Jai Gurudev!

Dear Friends,

Greetings and good wishes to you all on the 111th lunar birth anniversary (5/18/2019) of Baba Muktananda. The solar date was of course on May 16th.

We remember our dear Baba with great love and gratitude on this special day. His birth was a great blessing for thousands of people who had the good fortune to have met him. Even those who had not met Baba physically have received his blessings. By his grace he has removed the darkness covering our hearts by lighting our lamp with his. Even today I hear from many people who still receive his guidance in meditation and dream state.

Once a devotee asked Baba's guru, Bhagawan Nityananda, "What is the simplest way to self-realization?" Bhagawan said:

"Have complete faith in the guru. An absolute and unflinching faith. If one has such full faith, japa, tapa (austerities), fasting and seeking are no longer necessary. When one surrenders totally to the guru with one pointedness of heart and affection, with simplicity, sincerity, and worship in the heart, he will attain everything." He then plucked a hair from his head and pointing to its tip said: "If one has even this much of firm faith it is enough: he will Know himself."

Our Baba had this unflinching faith in his guru and thereby attained everything. May we too have such one pointed faith in our Gurudev. At least as much as would fit on the tip of a hair.

Sadgurunath Maharaj ki Jai!

With great respect and love,

Swami Prakashananda



Note: In honor of Baba's birthday a devotee has shared two short video clips of Baba. Click the links below to view them.

[Click to view Video 1](#)

[Click to view Video 2](#)