

# *Happy Guru Purnima!*

Guru Purnima

July 6, 2009

Dear Friends,  
Happy Guru Purnima!

This year Guru Purnima—the Guru’s full moon day—falls on July 6th in the US.

Guru Purnima is celebrated as an expression of one’s respect and love for one’s spiritual master. It is to acknowledge the debt of gratitude the disciple feels for his/her Guru and his spiritual lineage. The *Kularnava Tantra* stresses the great importance placed on the Guru. In a conversation between Lord Shiva and the Goddess, Lord Shiva says:

*"Neither through Vedas, Agamas, Shastras and Puranas, however exhaustive they may be, nor through sacrifices, austerities and visiting millions of places of pilgrimage, nor even through Mantras and herbs, can one know about the Urdhvamnaya (the Highest Truth). It can be known only through the mouth of the Guru. Therefore look for that compassionate and all knowing Guru, endowed with all the auspicious signs, and from him receive that Supreme Knowledge."*

We will be forever indebted to our beloved Guru, Baba Muktananda, for the blessings we have received from him, and in turn, our grandguru, Bhagawan Nityananda. While reflecting on the great blessings he himself received from his own Guru, Baba wrote:

*"He who is blessed by the Guru is blessed by everyone."*

Therefore, may you all be showered with blessings!

With great respect and love,  
Swami Prakashananda

*Sadgurunath Maharaj Ki Jai!*

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