

Baba Muktananda's 31st Mahasamadhi Anniversary

Jai Gurudev!

Dear Friends,
Greetings and blessings to you all on the 31st anniversary of Baba Muktananda's Mahasamadhi.

The solar date of the anniversary is October 2nd, while the lunar date this year falls on October 18, 2013. We observe this day of great spiritual merit, called *Punyatithi*, in memory of our beloved Gurudev.

For me it is both a time of sadness and great joy. Sadness because I miss Baba's physical presence. But joy because when such great beings leave their physical body, it is considered their final liberation. They are now totally free, free of the physical body's limitations.

These seemingly contradictory feelings brings to mind a verse by the great saint Kabir, who wrote:

When I was born I was crying,
while everyone else was laughing.
When I leave this body I will be laughing,
while everyone else will be crying.



Although such great beings may no longer be physically present, their grace and guidance are always available. Besides, it is the inner Self that Baba taught us to meditate on and realize. And that Self is ever present. He is the true Guru. He is our beloved Baba. And He is you.

Sadgurunath Maharaj ki Jai!
Paramgurudev Nityanandaya!
Sadgurudev Muktanandaya!

With great respect and love,
Swami Prakashananda