

# *Happy Guru Purnima!*

Dear Friends,

Happy Guru Purnima!

This year the Guru's full moon occurs on July 16, 2019. On this auspicious day we worship and honor our beloved Gurudev. We express our deep appreciation and gratitude by recalling the many blessings we have received from him. As Baba would often remind us, everything we have learned in life we have learned from someone else. We have had to learn from someone how to speak, how to walk, even how to eat. No matter what we wish to learn, we must approach a teacher.

But although we may refer to such teachers as gurus, a Sadguru (true Guru) is something different. A Sadguru is not an individual person. He is not the body but Shakti, God's energy or power. He is one's own inner Self. He is God's grace bestowing power. Actually the Guru is God in the form of the universal teacher. The Guru Principle (Guru Tattwa) has existed from the beginning of creation. The word 'guru' is defined as He who destroys darkness with the light of true wisdom, by guiding you on the right path, and by making you perform good actions.

In a letter addressed to the world Baba wrote:

“Dear people of the world, awaken now and arise from your slumber. Meditate and perceive the Lord sitting within you. Within yourself you will find perfect knowledge, perfect love, perfect inspiration, and perfect poetry. You are a portion of God, and everything is within you. Discover everything there.

“Within you there are infinite wonders, infinite secrets, most mysterious knowledge, love as deep as the ocean, and strength as solid as a mountain. My dear ones, attain all these through meditation.

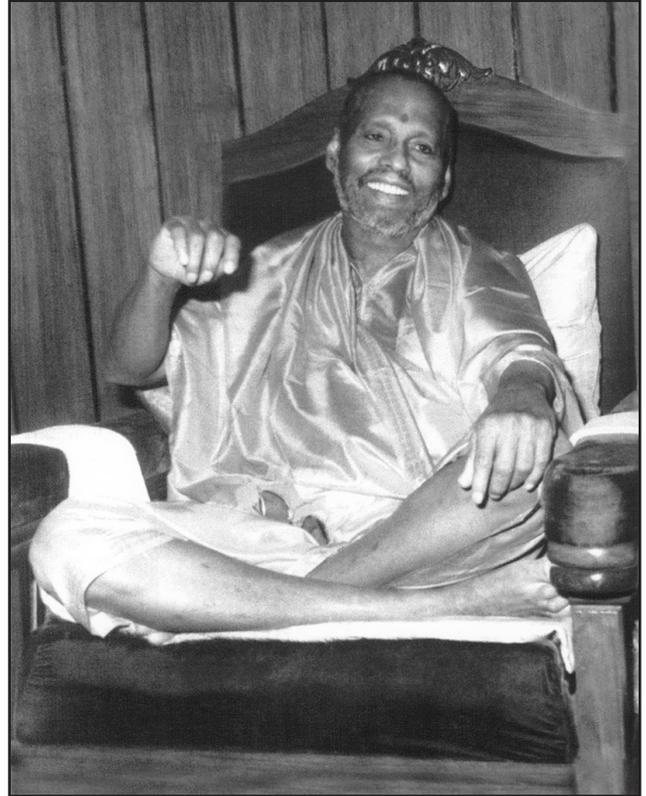
“Perceive the knowledge which you already possess. Become pure by seeing your eternal purity. Liberate the love that dwells within you, already perfect, already free. Then you will find your delight in the inner Self. This is the true Godhood. By the yoga of meditation you become efficient in daily life, logical, intelligent, poetic, steadfast, courageous, compassionate, and wise.”

This is the eternal message the Guru reveals. It is the ever occurring revelation that “God dwells within you as you.” My dear guru brothers and sisters. Always remember with great love our dear Babaji. And listen quietly to his uninterrupted message reverberating continuously within the sky of the heart.

*Sadgurunath Maharaj ki Jai!*

With great respect and love,

Swami Prakashananda



Courtesy: R.V. Gadekar

Swami Muktananda